TANGER BAY
DENTAL CENTER

Post-Operative Instructions for Crown or Bridges

Tanger Bay Dental Center

Congratulations!

You now have your final restoration which is permanent. Please remember that your new crown or bridge, as well as the rest of your natural teeth, need regular maintenance with your doctor. This is the only way to keep them healthy.

Instructions:

Your gums may have become sore during this procedure. Rinse your mouth with mouthwash 2 to 3 times a day. Flossing is very important to help heal the area. Even if it is sore, please attempt to floss daily, as this will help it to heal.

Bridges need flossing with interdental brushes. Threaders allow you to floss below the bridge properly.

If a permanent crown or bridge feels “high” or like you are hitting that tooth first, please call the office to have it adjusted. This restoration WILL NOT adjust itself like a temporary might.
Without correction you will have a toothache and/or a sore jaw.

Avoid chewing sticky, chewy foods, and chewing gum for 24 hours.

To maintain healthy gums, a professional cleaning combined with a check-up is recommended every 3 to 6 months. If you have not yet scheduled your follow-up visit we invite you to book an appointment now.

Emergency Contact: 06 60 02 22 63

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